R: Restate or to Reword - you are to restate the question and make it into a statement as a part of the answer you provide.

A: Answering the Question - include all parts of the question.
   I think... ________
   I believe... ________

C: Cite what led you to that idea: Give supporting evidence. Direct quotes from a text.
   the author says... ________
   The text states... ________
   For example...: ________

E: Explain - how the quote(s) or paraphrase(s) you pointed out support your idea.
   This shows... ________
   This is because... ________
   This means... ________