



Fall 2020 YOUTH PROGRAMS



Orchard Park Recreation Dept. 200 North Lake Drive Orchard Park, NY 14127, 716-662-6450, oprec@orchardparkny.org



Flag Football

(co-ed, ages 6-14)

Flag Football emphasizes the basic football skills of passing, catching, defending, running, and how the game is played.

Location: Brush Mountain Park

Dates: 9/19—10/24

Fee: \$65 for 6 sessions

Ages 6-8: 9:00-9:45AM or
10:00-10:45AM

Ages 9-11: 11:00AM—11:45 AM

Ages 9-13: 12:00-12:45PM

Ages 14-16: 1:00-1:45PM

Lacrosse



This program focuses on passing, catching, shooting, scooping and the rules of play. Participants need to bring a helmet (lacrosse or bike helmet) and a mouth guard. Sticks will be available for use, must bring own goggles.

Location: New Activity Center

Ages 5-7: 5:30-6:15 PM

Ages 8-10 6:30-7:15PM

Day: Tuesdays

Dates: 9/22—11/10

Fee: \$85 (8 sessions)

FLOOR HOCKEY

Program focuses on fundamental hockey skills such as shooting, passing, goal-tending, and good sportsmanship. There will be no scrimmaging this year. Participants must bring their own goggles, sticks will be sanitized after each session.

Location: New Activity Center

Ages 5-7 5:30—6:15 PM

Ages 8-10 6:30—7:15 PM

Day: Wednesdays

Dates: 9/23—11/18 (no class 11/11)

Fee: \$85.00 (8 sessions)

Must bring own goggles to participate!

TENNIS

Fun, instructional tennis lessons covering forehand, backhand, volleys, serves, and match rules. Equipment is provided and sanitized after each use.

Location: Orchard Meadows Courts

Ages 6-8 4:00—4:45 PM

Ages 9-12 5:00—5:45 PM

Day: Thursdays

Dates: 9/17—10/15

Fee: \$55 (5 sessions)



Please note: there will be no scrimmaging or game play in any of our programs this year.

Field Hockey

Program focuses on fundamental skills including dribbling, passing (push passes, flicks and drives), shooting and defense. Agility and hand-eye coordination will also be emphasized. Must bring own goggles, mouth guard and shin guards.

Location: Turf field at Brush Mountain Park

Beginners: 5:00- 5:45 PM

Advanced Beginners 6:00- 6:45 PM

Day: Tuesdays

Dates: 9/24 - 10/15

Fee: \$85.00 (8 sessions)

(Advanced Beginners are individuals who have taken our class previously or have taken a class elsewhere.)

SOCCER

Basic skills including dribbling, passing, shooting, and goal-tending are taught with a focus on fundamentals and teamwork. Players must bring shin guards and are welcome to bring their own ball.

Location: New Activity Center

Day: Mondays

Ages: 5-7 5:30-6:15

8-10 6:30-7:15

Dates: 9/21—11/16

(no class 10/12)

Fee: \$85 (8 sessions)

Basketball

Basic instruction on dribbling, passing, shooting, and teamwork are the focus—drills and skill will be stressed.

Location: New Activity Center

Thursdays: 9:24-11/12

Ages 5-8: 5:30-6:15PM

Ages 9-11: 6:30-7:15PM

Fee: \$85.00 (8 sessions)



Registration opens 9/1 for residents;
9/4 for non-residents.
www.oprec.org or
call 716-662-6450

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OPREC
FALL
2020

Programs



Open Gym

THIS IS NOT A DROP OFF PROGRAM- Parents must be present and supervising all children under the age of 16 during each program day. Failure to do so will result in removal from the program without refund.

Gym 1 will be set up for ages 11 and up

Gym 2 will be set up for ages 10 and under

Location: New Activity Center

Fridays: 6:00 - 8:00 PM 9/18 - 12/11
(no class: 9/25, 10/23, 11/20)

Fee: \$85.00 (10 sessions)

Sundays: 1:00 - 3:00 PM 9/20 - 12/20
(no class 11/29)

Fee: \$93.50 (11 sessions)

Each gym will have the following equipment available for use: Basketballs, Soccer Balls, Playground balls, Badminton Area will be set up with equipment to use. No actual basketball games can be played, can shoot, play horse, etc.



Trikes and Bikes

Trikes and Bikes is a chance to let kids spin their wheels during the winter months. Both Gym's will be set up with an outer riding track and an inner obstacle course that kids can ride through to fine tune their steering and challenge their bike skills!

Ages: Seven and under

Days: Sundays

Time: 9:30-11:30AM

Dates: 11/18, 11/22, 12/6, 12/20

Fee: \$10/date per child

Location: New Activity Center

Kids must bring their own bikes, trikes or scooter and Helmets. All Bikes or Trikes brought in MUST have clean wheels free from dirt, rocks etc. Helmets MUST be worn at all times, anyone riding without a helmet will be removed from the program.

Parents will be responsible for walking alongside their child and helping them navigate the obstacle course.

Young Artists

This is an ART CLUB for kids who can't get enough of art! Each week kids will create something new and learn about the process behind it. They will explore the art of creating by using collage, drawing, painting, and printing techniques. Kids will have lots of fun learning about art through the use of different media



Location: New Activity Center

Ages 5-7: Tuesdays 4:00-4:45 or
5:00-5:45

Dates: 9/22-11/10

Ages 8-11: Thursdays 4:00-4:45 or
5:00-5:45

Dates: 9/24- 11/12

Fees: \$85 (8 sessions)

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Phone: 716-662-6450
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After School Program — Registration Now Open!

Currently we are only taking families who need 5 days per week for after school care.

Location: New Activity Center

Day: Monday-Friday

Time: 3:15-6:30 pm

Fee: \$13/day (Pay by month - September Fee: \$208.00)

Must register by school, there are 10 spots available per school. First come first served. Must call to register 662-6150.



Kids will be bused to the Activity Center by the OPCSD upon dismissal. Once they arrive at the program, they join a set group with other same aged kids from the OP district. (Kids will be interacting with kids from the other 3 Elementary Schools) The group they are in the first day of the program will be the group they remain in for the duration of the program. Please note whenever possible we will be playing outside!! Please send your participant with appropriate outerwear.

Weather Cancellations

Please note, when the OP schools are closed, our programs are also cancelled. We will do our best to communicate changes.

- Always check email and local news channels before heading to a program.
- Sign up for text alerts on your cell by calling our office at 662-6450 or email us at oprec.org.
- Check Facebook and OPREC.org

