

# Empowering boys to be leaders within their community and families.



Boys on The Right Track is a fun and active nine-week OUTDOOR program appropriate for boys ages 8-13 and of varying physical abilities. This is a non-competitive, no contact wellness program that meets twice weekly with a curriculum built to instill leadership, improve life skills and empower boys to practice emotionally and physically healthy behaviors while training them for a 5k. While following all guidelines per the CDC, State and County – Boys will safely make new friends, learn through fun games/activities and of course, enjoy running. Some insurance companies may even reimburse for the program – call yours and inquire if they cover. Financial Aid is available for those that need it. Spots are limited so register today!

## TEAM WORK RESILIENCE

LEADERSHIP SKILLS

HEALTHY • GRIT  
BODY • MIND

RELATIONSHIPS

SOCIAL EMOTIONAL SKILLS

FEELING PROUD

MINDFULNESS

GETTING ACTIVE

FRIENDS

## TO REGISTER:

[www.boysontherighttrack.org/program\\_registration.html](http://www.boysontherighttrack.org/program_registration.html)

**Program beginning week of September 20th,  
ending week of November 8th.**

## RACE DAY (5K)

**Buffalo Harbor • November 14, 2021 • 9:30 am**

*We will be following all guidelines according to CDC  
and local Erie County, NY and New York State.*