

**BREAKFAST**

**JUNE 2024**  
Orchard Park CSD- High School



Monday	Tuesday	Wednesday	Thursday	Friday
Asst. Cereal <b>3</b> <hr/> 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup Milk-8oz	<b>4</b>	Muffin w/4 oz yogurt <b>5</b> <hr/> 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup Milk-8oz	Cinnamon Rolls <b>6</b> <hr/> 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup Milk-8oz	Breakfast Pizza <b>7</b> <hr/> 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup Milk-8oz
Chef's Choice <b>10</b> <hr/> 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup Milk-8oz	Chef's Choice <b>11</b> <hr/> 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup Milk-8oz	<b>12</b>	<b>13</b>	<b>14</b>
<b>17</b>	<b>18</b>	Juneteenth <b>19</b>	<b>20</b>	<b>21</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>

**Breakfast Options Daily**

- \*Daily Entrée-1 (2g) or
- \*Cereal 2 oz- (2G)
- \*Bagel w/ cream cheese(2g)
- \*Toast w/ Butter(2g)
- \*Breakfast Pizza
- \*Breakfast Sandwich

**Offered with all Breakfasts**

- \*Whole Grain (WG) Entrees
- \*Daily Selection of Fresh &

Prepared Fruit or 100% juice -1/2 cup servings may take 1 cup

\*NY State Non Fat Milk 8oz



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

Student \$2.00

If your Son or Daughter has a particular food allergy, please contact the food service office

FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in NSLP and NSBP. Including all specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk



NYS Apples

Summer Meals for Kids Site Finder:  
<https://www.fns.usda.gov/summer/sitefinder>

