




Orchard Park CSD Middle School Lunch Menu

Menu is subject to change



FEBRUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Roast Turkey w/Gravy & Mashed Potatoes Green Beans
4 Spaghetti & Meatballs ----- Romaine Salad	5 8" Taco ----- Corn	6 Oven Roasted Chicken w/Rice ----- Peas	7 BBQ Pork Chop French Fries Baked Beans	8 Italian Dunkers w/Dipping Sauce ----- Carrots
11 Hamburgers w/Macaroni Salad ----- Corn	12 Nacho Grande ----- Black Beans	13 Breaded Pork Chop ----- Mashed Potatoes Carrots	14 Meatballs & Gravy over Noodles ----- Broccoli	<i>1/2 Day of School</i> 
				
25 Farmers Breakfast Wrap (Sausage, Egg & Hashbrown Patty) ----- Carrots	26 8" Taco ----- Corn	27 Spaghetti & Meatballs ----- Romaine Salad	28 Oven Roasted BBQ Chicken ----- French Fries Green Beans	March 1 Hamburgers w/Macaroni Salad ----- Baked Beans

Offered daily
With all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)

Non or Low Fat White, Non Fat Chocolate Milk, or Non Fat Strawberry Milk available daily.

In addition to the Entrée and Specialty Pizza of the Day, we also serve the following items daily:

Cheese & Pepperoni Pizza
Subs & Wraps Made to Order
Shaker Salad w/Roll
Peanut Butter & Jelly Sandwich
Fruit & Yogurt Parfait w/ Roll

Start with a:

- Vegetable**
- Fruit** (or take both)
- Choose whole grains**
- Pick a lean protein**
- Add serving of milk**

Take at least 3