



# Orchard Park CSD Elementary School Lunch Menu

Menu is subject to change



## MARCH 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Italian Dunkers w/Dipping Sauce Cheese Pizza
4 Meatball Sub on 4" roll Cheese Pizza ----- 1 c Romaine Salad=1/2 cp Broccoli (1/2 Cup)	5 8" Taco Ham & Cheese Wrap ----- Corn	6 Pepperoni & Cheese Pizza Bologna & Cheese Sandwich ----- Green Beans	7 Hot Dog on Bun Turkey & Cheese on WG Roll ----- Baked Beans	8 Grilled Cheese & Tomato Soup Cheese Pizza ----- Carrots
11 Breaded Pork Chop w/Dinner Roll Cheese Pizza ----- Mashed Potatoes(1/2 Cup) Carrots(1/2 Cup)	12 Nacho Grande w/Seasoned Rice Turkey & Cheese Sandwich ----- Bean Salad	13 Pepperoni & Cheese Pizza Ham & Cheese Wrap ----- Carrots	14 Meatballs & Gravy over Noodles w/Dinner Roll Bologna & Cheese Sub ----- Broccoli	
18 Hamburger on WG Roll Cheese Pizza ----- Carrots	19 8" Taco ----- Black Beans	20 Pepperoni & Cheese Pizza Meatball Sub on 4" Roll ----- Corn	21 Chicken Nuggets w/Veggie Pasta Salad Turkey & Cheese Wrap ----- Green Beans	22 Baked Chicken & Rice Cheese Pizza ----- Broccoli
25 Spaghetti & Meatballs w/Dinner Roll Cheese Pizza ----- Green Beans	26 Nacho Grande w/Seasoned Rice Ham & Cheese Sub ----- Vegetarian Beans	27 Pepperoni & Cheese Pizza Bologna & Cheese on a WG Roll ----- Broccoli	28 Bbq Pork Chop on Roll Turkey & Cheese Sandwich ----- Mashed Potatoes(1/2 Cup) Corn (1/2 Cup)	29 Italian Dunkers w/Dipping Sauce Cheese Pizza ----- Carrots

***Offered daily***  
***With all School Lunches:***  
***Fresh or Prepared Fruit***  
*(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)*

***Vegetables are served in 3/4 cup portion unless otherwise noted***

**Non or Low Fat White, Non Fat Chocolate Milk, or Non Fat Strawberry Milk available daily.**

***In addition to the Entrée and, we also serve the following items daily:***

***Shaker Salad w/Flatbread***  
***Peanut Butter & Jelly Sandwich***  
***Fruit & Yogurt Parfait w/ Flatbread***

***Start with a:***

- Vegetable**
- Fruit (or take both)**
- Choose whole grains**
- Pick a lean protein**
- Add serving of milk**

***Take at least 3***