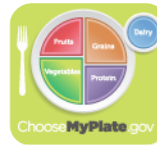


# Orchard Park CSD High School Lunch Menu

**\$ 2.50 (NEW Price)**  
Menu is subject to change



## November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
We proudly serve apples and milk sourced within New York State.				1 Grilled Cheese w/ Tomato Soup Baked Beans <b>Caesar Chicken Wrap</b> <b>Tater Tots</b> Same as Main
4 BBQ Hamburger Romaine Salad Carrots <b>Popcorn Chicken</b> Same as Main	5 Chicken & Cheese Quesadilla Peas Corn <b>OP Mac Wrap &amp; Tots</b> Chicken Patty on WG Bun	6 French Toast Sticks Hash Brown Patty Sausage <b>Cheesy Bread</b> Same as Main	7 Macaroni & Cheese Green Beans Sweet Potato <b>Nacho Grande</b> Popcorn Chicken	8 Italian Dunkers w/ Dipping Sauce Carrots Cauliflower <b>Turkey Bacon Wrap</b> 10" Taco
11 <b>Veteran's Day</b> No Student Attendance	12 Hot Dog w/French Fries Carrots Peas <b>Buffalo Chicken Wrap</b> <b>Tater Tots</b> Breakfast Sandwich	13 Meatballs and Gravy over Noodles Cauliflower Broccoli <b>Corn Dogs</b> Asian Chicken Wrap	14 Chicken Patty on WG Roll Baked Beans Corn <b>Taco in a Bag</b> Chicken Nuggets	15 Pork Chop w/ gravy WG Dinner Roll Mashed Sweet Potatoes Peas <b>Greek Chicken Wrap</b> Same as Main
18 BBQ Turkey w/ Rice Carrots <b>Meatball Slider</b> <b>Tater Tots</b> Chicken Patty on WG Bun	19 10' Taco Black Beans Vegetarian Beans <b>Mozzarella Sticks w/ sauce</b> Chicken Tenders	20 Roasted Turkey & Mashed Potatoes Broccoli <b>Chicken Nuggets</b> Hamburger on WG Roll	21 Chicken Quesadilla Corn Peas <b>Nacho Grande</b> Sloppy Joe	22 Baked Pasta w/ WG roll Romaine Salad Cauliflower <b>OP Mac Wrap</b> Same as Main
25 Pork Chop w/ gravy WG Roll Green Beans Carrots <b>Buffalo Chicken wrap</b> Pork Sandwich	26 10' Taco Corn Vegetarian Beans <b>Pizza Sub</b> Bacon Burger on WG Bun	27 No Student Attendance	28 Happy Thanksgiving	29 No Student Attendance

***Offered daily***  
***With all School Lunches:***  
***Fresh or Prepared Fruit***  
*(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)*

**Non or Low Fat White,  
Non Fat Chocolate Milk,  
available daily.**



***Start with a:***

- Vegetable**
- Fruit** (or take both)
- Choose whole grains**
- Pick a lean protein**
- Add serving of milk**

***Must take at least 3***

